

NHS Lothian Critical Care Emergency Intubation Checklist

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1 Preparation

- Airway trolley
- Read out this check list 'call & respond'
- Intubation drugs
Allergies, $\uparrow K^+$?
- Pre-oxygenate
Check O_2 supply
- Patient Optimisation
i.v. access checked
Optimise head position
Aspirate NG
- Monitoring visible
ECG, SpO_2 , BP
ETCO₂ turned ON & waveform visible
- Consider PPE (MASK?)

2 Equipment

- Yankauer suction -on
- ETT $\times 2$ (size requested)
Cut tube (not burns)
Check cuff & lubricate
Tie or tape
10 ml syringe
Stylet (if requested)
- 2 x laryngoscope (Mac 3 & 4, check lights)
- McGrath handle check
turns on + MAC 3 + 4
disposable blades
- OPA (Sizes 3, 4, 5)
- Bougie
- LMA & FoNA kit in trolley
- Catheter mount
- Stethoscope

3 Team Plan

- Verbalise role allocation
(1 person may have >1 role)
 - 1 Intubator
 - 2 Intubator 2 (senior)
 - 3 Cricoid pressure
 - 4 Intubator's assistant
 - 5 In line stabilisation
 - 6 Drugs administrator
 - 7 Team leader
- Induction Drugs Plan
- Emergency Drugs incl. vasopressors
- On-going sedation
- Is further help required?
- Who will contact and how?
ICU Cons / Theatre
Anaesthetist

4 Plan for Difficulty

- Can we wake this patient up if intubation fails?
- Vocalise "Airway plan is.."
- Plan A
Drugs and laryngoscopy
- Plan B/C
 - Supraglottic airway
 - Face mask
 - Fiberoptic intubation via supraglottic airway
- Plan D
 - FoNA
 - Scalpel-bougie-tube
- Double check
Understand roles?
- RAISE CONCERNS NOW
- PROCEED
- Confirm ETT tip in trachea 3cm - max 5cm from carina